



fort lauderdale aquatics

RESIDENT CAMPER

WHAT TO BRING CHECKLIST

- fun loving positive attitude
- swimsuits
- goggles
- 1 pair of fins
- 1 pair paddles (Age group and above)
- 1 pull buoy (Age group and above)
- 1 mesh bag for swimming gear
- water bottle
- 8 t-shirts
- 1 light jacket (in case of rain)
- 1 pair sweats and/or pajamas
- 2 large swim towels (towels for bathing only are provided by the hotel)
- 2 pairs pants or jeans
- 6 pair shorts
- 8 pairs underwear
- 1 pair running shoes
- 1 pair flip flops
- comb and brush
- laundry bag and detergent
- toothbrush, toothpaste
- other personal hygiene articles
- ALARM CLOCK
- combination lock
- sunscreen SPF #15 or higher
- lip balm
- Prepaid phone card

All training items are available for purchase at the camp store.

Laundry

Campers may do their laundry in washers and dryers provided at the hotel for a nominal fee. Counselors will be available to provide assistance. All clothing and personal items must be clearly marked with the camper's name. FLA Camp cannot be responsible for any lost or misplaced items. Extra T-shirts and caps may be purchased at the Camp and charged to your camp escrow account.

Spending Money

It is not a good idea to send a lot of cash with your child. Please send only enough cash to spend for an occasional treat or shopping. All camp activity entrance and transportation fees will be deducted from your camp escrow account. Campers will not be allowed to withdraw cash from their camp account for shopping or food. If your youngster is staying a long time, we suggest bringing an ATM Card (the hotel has an ATM machine), or traveler's checks.

* Training at the Fort Lauderdale Aquatic Complex *

* 501 Seabreeze Boulevard, Fort Lauderdale, FL 33316 *

* Phone (954) 468-5590 * Fax (954) 468-5595*

* E-mail: info@flacamps.com * website: www.flacamps.com *