



FLA International Invitational
June 19-22, 2014
Florida Atlantic University Aquatic Complex



Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.:
Sanction No **FGI061914FLA-P-10**

Sponsored by: **FLA Aquatics, Inc.**

Rules: 2014 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect
Thursday sessions are timed finals.
Friday, Saturday and Sunday sessions are prelims and finals.
All Finals will be Championship Final Only – Top 8

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREEZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2014 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3. The Meet Host **WILL** be accepting New or Renewing USA Swimming Registrations at the meet. All USA Swimming Registrations must be done prior to the start of competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact Duffy Dillon ahead of time to allow for preparations - 954-468-5590 - DDillon@FLAswim.com

Pool/Timing: **FAU Aquatic Complex:**
25 yards x 50 meters heated outdoor pool, 8 **long-course** racing lanes with separate warm-up and swim-down lanes available. Colorado Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 5'0" to 5'0" depending on lane assignment, in accordance with 202.3.7 (C).

Date & Time:

Date - Day	SESSION	WARM UP	START
June 19 - Thursday	Wom 800/ Men 1500 FR	8:30AM	10:00AM
	400 FR	2:00PM	2:30PM
	400 IM / 200 M.R.	5:00 PM	5:30PM
June 20 – Friday	13 & Over Prelims	7:00AM	8:00AM
June 21 – Saturday	12 & Under Prelims	@ 11:00AM	@ 11:30AM
June 22 - Sunday	FINALS	4:30PM	5:30PM

**Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location:

FAU Aquatic Complex
777 Glades Rd. Boca Raton, FL 33431

Directions:

FAU Aquatic Complex:
From the North or South: Take I-95 or the Turnpike to Glades Rd east. Turn left at University Drive which is main road onto University. Follow the road as it S curves past soccer field on left, make left at pedestrian crossing light and follow road straight ahead. Parking Lot 15. Pool straight ahead baseball stadium to left parking available in front of aquatic complex.

Entry:

All entries must be received by **Wednesday, June 11th, 2014**
PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!)
E-mail to: ddillon@FLAswim.com
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered.
Questions, please contact office at 954-468-5590

NOTE: Swimmers without registration numbers or birth dates will not be entered.
***** Entry Fees will be Double if not entered electronically. *****

Meet Limit:

The FLA International Invitational is one of the most popular meets in the country and fills up fast. The Team whose entry reservation causes the swimmer count to exceed 550 will be accepted in its entirety. At this point, the host club, FLA, will be accepted. Swimmers not accepted into the meet may enter on the day of the meet using the FGC Deck Entry Policy.

Seeding:

Conforming and Non-Conforming Times – Enter in LONG COURSE METERS, then SHORT COURSE METERS, then SHORT COURSE YARDS times only. No converted times permitted.
For the 400, 800 and 1500 Free and 400 IM enter the swimmers at their best LCM, SCM or SCY time. These times will be verified using the USA Swimming SWIMS Database. After the entries are processed the SCM and SCY times will be converted by Meet Manager to LCM times. The fastest of these verified times will be selected to swim as described below. Entry times that cannot be verified will not be permitted for entry. Times achieved at foreign meets must be submitted with written proof of time by email to ddillon@FLAswim.com no later than **Wednesday June 11th, 2014.**

SPECIAL NOTES:

- **All relays are timed finals.**
Ages 13 & Over will swim in the evening sessions.
Ages 12 & Under will swim in the prelim sessions.
- **Mix 200 Medley Relay** – Must have at least one female and at least one male swimmer per team. Unlimited entries.
- **Women's 800 FR / Men's 1500 FR**
Women's 800 FR – only top 96 will swim.
Men's 1500 FR – only top 48 will swim.
Timed final events, all ages swim together. Age groups scored separately.
Swim fastest to slowest as follows (2 heats women / 1 heat men):
 - Heat 1-2 W800 Heat 3 M1500
 - Heats 4-5 W800 Heat 6 M1500
 - Heats 7-8 W800 Heat 9 M1500
 - Heats 10-11 W800 Heat 12 M1500
 - Heats 13-14 W800 Heat 15 M1500
 - Heats 16-17 W800 Heat 18 M1500
- **400 Freestyle – Only Top 120 will swim.**
Timed Final event. Swim fastest to slowest
Alternating girls & boys
All ages swim together. Scored separately by age group
- **400 IM - Only top 64 will swim.**
Timed Final event. Swim fastest to slowest
Alternating girls & boys
All ages swim together. Scored separately by age group
- Positive check-in for the 400, 800 and 1500 Freestyle events and for the 400 IM is required 60 minutes prior to the event. These events will be swum in 8 lanes.
*****Swimmers in distance events must provide his/her own Timer & Counter*****
- All other events will be swum in prelims and finals. Prelims will be swum in 8 lanes. There will only be one Championship Final swum in 8 lanes.

Thursday – June 19, 2014		
Event #	Age	Event
Timed Finals – 10:00am		
1-2	17 & Over	Women's 800 FR Men's 1500 FR
	15-16	
	13-14	
	12 & Under	
Timed Finals – 2:30pm		
3-4	17 & Over	400 FR
	15-16	
	13-14	
	11-12	
	10 & Under	
Timed Finals – 5:30pm		
5-6	17 & Over	400 IM
	15-16	
	13-14	
	12 & Under	
10 - Minute Break		
7	Open	Mix 200 MED Rel **
8	15-16	Mix 200 MED Rel**
9	14 & Und	Mix 200 MED Rel**

FRIDAY, JUNE 20, 2014

Prelims – 8:00am		
Event #	Age	Event
15-16	13-14	200 FR
17-18	15-16	200 FR
19-20	Open	200 FR
21-22	13-14	50 Fly
23-24	15-16	50 Fly
25-26	Open	50 Fly
31-32	13-14	100 BA
33-34	15-16	100 BA
35-36	Open	100 BA
37-38	13-14	200 BR
39-40	15-16	200 BR
41-42	Open	200 BR
47-48	13-14	50 FR
49-50	15-16	50 FR
51-52	Open	50 FR

FINALS – 5:30pm		
Event #	Age	Event
11-12	10 & Und	200 FR
13-14	11-12	200 FR
15-16	13-14	200 FR
17-18	15-16	200 FR
19-20	Open	200 FR
21-22	13-14	50 Fly
23-24	15-16	50 Fly
25-26	Open	50 Fly
27-28	10 & U	100 BA
29-30	11-12	100 BA
31-32	13-14	100 BA
33-34	15-16	100 BA
35-36	Open	100 BA
37-38	13-14	200 BR
39-40	15-16	200 BR
41-42	Open	200 BR
43-44	10 & U	50 FR
45-46	11-12	50 FR
47-48	13-14	50 FR
49-50	15-16	50 FR
51-52	Open	50 FR
5 Minute Break		
57-58	13-14	200 FR Rel
59-60	15-16	200 FR Rel
61-62	Open	200 FR Rel

Prelims – 30 min after morning		
Event #	Age	Event
11-12	10 & Und	200 FR
13-14	11-12	200 FR
27-28	10 & U	100 BA
29-30	11-12	100 BA
43-44	10 & U	50 FR
45-46	11-12	50 FR
5 Minute Break		
53-54	10 & U	200 FR Rel
55-56	11-12	200 FR Rel

SATURDAY – JUNE 21, 2014

Prelims – 8:00am		
Event #	Age	Event
67-68	13-14	200 IM
69-70	15-16	200 IM
71-72	Open	200 IM
77-78	13-14	50 BA
79-80	15-16	50 BA
81-82	Open	50 BA
87-88	13-14	100 BR
89-90	15-16	100 BR
91-92	Open	100 BR
97-98	13-14	100 FL
99-100	15-16	100 FL
101-102	Open	100 FL

Prelims – 30 minutes after morning		
Event #	Age	Event
63-64	10 & U	200 IM
65-66	11-12	200 IM
73-74	10 & U	50 BA
75-76	11-12	50 BA
83-84	10 & U	100 BR
85-86	11-12	100 BR
93-94	10 & U	100 FL
95-96	11-12	100 FL
5 Minute Break		
103-104	10 & U	200 MED Rel
105-106	11-12	200 MED Rel

FINALS – 5:30pm		
Event #	Age	Event
63-64	10 & U	200 IM
65-66	11-12	200 IM
67-68	13-14	200 IM
69-70	15-16	200 IM
71-72	Open	200 IM
73-74	10 & U	50 BA
75-76	11-12	50 BA
77-78	13-14	50 BA
79-80	15-16	50 BA
81-82	Open	50 BA
83-84	10 & U	100 BR
85-86	11-12	100 BR
87-88	13-14	100 BR
89-90	15-16	100 BR
91-92	Open	100 BR
93-94	10 & U	100 FL
95-96	11-12	100 FL
97-98	13-14	100 FL
99-100	15-16	100 FL
101-102	Open	100 FL
5 Minute Break		
113-114	13-14	200 MED Rel
115-116	15-16	200 MED Rel
117-118	Open	200 MED Rel

SUNDAY – JUNE 22, 2014

Prelims – 8:00am		
Event #	Age	Event
121-122	13-14	200 BA
123-124	15-16	200 BA
125-126	Open	200 BA
131-132	13-14	50 BR
133-134	15-16	50 BR
135-136	Open	50 BR
141-142	13-14	200 FL
143-144	15-16	200 FL
145-146	Open	200 FL
151-152	13-14	100 FR
153-154	15-16	100 FR
155-156	Open	100 FR

Prelims – 30 min after morning		
Event #	Age	Event
127-128	10 & U	50 BR
129-130	11-12	50 BR
137-138	10 & U	50 FL
139-140	11-12	50 FL
147-148	10 & U	100 FR
149-150	11-12	100 FR

Finals – 4:30pm		
Event #	Age	Event
121-122	13-14	200 BA
123-124	15-16	200 BA
125-126	Open	200 BA
127-128	10 & U	50 BR
129-130	11-12	50 BR
131-132	13-14	50 BR
133-134	15-16	50 BR
135-136	Open	50 BR
137-138	10 & U	50 FL
139-140	11-12	50 FL
141-142	13-14	200 FL
143-144	15-16	200 FL
145-146	Open	200 FL
147-148	10 & U	100 FR
149-150	11-12	100 FR
151-152	13-14	100 FR
153-154	15-16	100 FR
155-156	Open	100 FR