



**2010 FLA Open Invite**  
June 4<sup>th</sup> – 6<sup>th</sup>

**SANCTIONED BY:** Florida Gold Coast LSC of United States Swimming, Inc. **Sanction # 060410-FG2**

**SPONSORED BY:** FLA Aquatics

<b>TIME:</b>	<b><u>DAY</u></b>	<b><u>SESSION</u></b>	<b><u>DATE</u></b>	<b><u>WARM UP</u></b>	<b><u>START</u></b>
	Friday	1	June 4	2:30 PM	4:00 PM
	Saturday	2	June 5	7:00 AM	8:30 AM
	Saturday	3	June 5	12:30 PM	1:30 PM
	Sunday	4	June 6	7:00 AM	8:30 AM
	Sunday	5	June 6	12:30 PM	1:30 PM

**NOTE: All sessions are timed finals.**

**LOCATION:** Florida Atlantic University  
777 Glades Road  
Boca Raton, FL 33431

From I-95 or Turnpike take the Glades Road exit and head east. Turn left into the first FAU entrance and follow the road to the left. The pool will be on the left.

**FACILITY:** 8 Lane, 50-meter competition pool. Continuous warm-up will be available. Colorado Timing system will be used.  
***"The competition course has been certified in accordance with section 104.2.2C(4) of the USA Swimming Rule Book. A copy of such certification is on file with USA Swimming."***

**REFEREE:** Beth Wilkerson

**ELIGIBILITY:** Open to all 2010 registered USA Swimming swimmers & foreign athletes that have been invited by USA Swimming, who achieve an the time standards for the events entered.  
***Disability Swimmers:*** FLA is excited about the opportunity to include USA Swimming members with disabilities in our meet and highly encourage their participation. Swimmer's disability must satisfy the definition of a disability as outlined in USA Swimming Rules and Regulations: A permanent physical or mental impairment that substantially limits one or more major life activities. Swimmers with disabilities may compete, earn awards, and score points for their team in the same manner as able bodied swimmers. Such swimmers need not have achieved the qualifying time for this meet. ***Entries for swimmers with disabilities should be submitted with the team's entry file. The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4.***

**RULES:** Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. **Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.**

**DEADLINE:** All entries must be received by Friday May 28<sup>th</sup>, 2010.  
**\*\*\*NO FAX ENTRIES\*\*\***

**ENTRY:** **Electronic Entries** – Entries will be accepted via email attachment to the meet director at **lmcluckie@FLAswim.com**. Entries must be in a Zipped Hy-Tek Meet Entry file. Free text e-mail entries will not be accepted.

For e-mail, **RELAY ONLY** swimmers must be pre-loaded into relays or be annotated as relay only in the body of the e-mail - List swimmer, sex, age, USA Swimming #. Event # not required. List all attending coaches and contact phone numbers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours of entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent within 48 hrs. after receipt of file. All entry fees must be paid before the start of the first event.

**NOTE: Swimmers without registration numbers or birth dates will not be entered.**

**ENTRY LIMIT:** Limit 4 individual events per day plus relays. No limit in the number of relay entries per team.

**ENTRY FEES:** \$5.00 per SWIMMER, \$3.25 per INDIVIDUAL EVENT, \$6.50 per RELAY EVENT  
**Make checks payable to: FLA \*\*\* Note: One Check per Team\*\*\***

Send checks to:  
**Fort Lauderdale Aquatics**  
**501 Seabreeze Blvd.**  
**Fort Lauderdale, FL 33316**

E-mail entries to:  
**lmcluckie@FLAswim.com**

***ENTRY FEES FOR EVENTS NOT ENTERED IN HY-TEK ARE DOUBLE:***  
**\$10 Surcharge - \$6.50 Per Individual Event - \$13 Per Relay Event**

**SEEDING:** All events except the 12 & Under 200 Fly, 200 Back and 200 Breast and all relays will be super-seeded and swum fastest to slowest.

Enter in long course, 50 meter times only.

**THE FGC DECK SEED & SCRATCH POLICIES WILL BE IN EFFECT.**  
Policies can be seen at [www.fgcswim.org](http://www.fgcswim.org)

**DISTANCE EVENTS:** Will be swum fastest to slowest, alternating girls and boys.

**CHECK-IN:** All Friday night events, all relays and the 800 FR will be positive check-in events. Check-in will close 30 minutes before the beginning of each session.

**AWARDS:** Individual: Medals 1-3, Ribbons 4-8  
Relays: Ribbons 1-3

**NOTES:**

- 1) 10 & under and 11-12 swimmers will be awarded separately in the 12 & under events.
- 2) In the Open division; 14 & under will be awarded separately from ages 15 + over.

**ADMISSION:** \$3.00 per session                      **HEAT SHEETS:** \$3.00 per session

**PARKING:** Parking is located in the front of the pool.

**FOR ADDITIONAL INFORMATION CALL the FLA OFFICE at 954-468-5590**  
**OR Email lmcluckie@FLAswim.com**



**2010 FLA Open Invite  
ORDER OF EVENTS**

<b>Session 1 - Friday, June 4<sup>th</sup> – 4:00 pm</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>AGE GROUP</b>
1-2	200 FR	12 & Under
3-4	400 FR	OPEN
5-6	200 IM	12 & Under
7-8	400 IM	OPEN

<b>Session 2 - Saturday, June 5<sup>th</sup> – 8:30 am</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>AGE GROUP</b>
9-10	200 BR	12 & Under
11-12	100 FLY	12 & Under
13-14	50 FR	12 & Under
15-16	200 M.R	12 & Under
17-18	200 BA	12 & Under
19-20	50 BR	12 & Under

<b>Session 3 - Saturday, June 5<sup>th</sup> – 1:30 pm</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>AGE GROUP</b>
21-22	200 BR	OPEN
23-24	100 FLY	OPEN
25-26	50 FR	OPEN
27-28	200 BA	OPEN
29-30	50 BR	OPEN
31-32	200 M.R	OPEN
33-34	800 FR	OPEN

<b>Session 4 - Sunday, June 6<sup>th</sup> – 8:30 am</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>AGE GROUP</b>
35-36	200 FLY	12 & Under
37-38	50 BA	12 & Under
39-40	100 BR	12 & Under
41-42	100 FR	12 & Under
43-44	200 F.R	12 & Under
45-46	50 FLY	12 & Under
47-48	100 BA	12 & Under

<b>Session 5- Sunday, June 6<sup>th</sup> – 1:30 pm</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>AGE GROUP</b>
49-50	200 FLY	OPEN
51-52	50 BA	OPEN
53-54	100 BR	OPEN
55-56	100 FR	OPEN
57-58	50 FLY	OPEN
59-60	100 BA	OPEN
61-62	200 F.R	OPEN

Meet management reserves the right with the approval of the FG Age Group Chairman, to adjust logistics in order to run an efficient meet.